



Give Thanks

***** with a grateful heart *****

A WORD FROM THE CHAIR...



In August 2020, I wrote “we have now completed more than one year as a working board, finding it hard to believe that a year has gone by so quickly. Our goal for this past year was to develop the board from what it was, to a working board and we have achieved that goal.” The rest of the year 2020 and the year 2021 has been challenging to say the least. The board has continued to work as a working board and is doing amazingly well, considering the difficulties we have faced and continue to face. I am proud to be associated with this group of individuals who are doing an amazing job of running “The Rock” on a day to day basis.

The board has taken advantage of this time of the pandemic and have and are continuing to do the renovations and necessary repairs to the Hall, Church and Parsonage. Many of these were overdue. Thanks for the many donations we have received that will allow us to do this necessary work.

Plans are under way for a relaunch of opening the hall and serving sit down breakfasts. Meetings are being held now, discussing all the variable and creating plans for handling breakfasts under the new circumstances. We are also working on getting our Monday Night Kids program up and running hopefully in October.

Plans for holding a Celebration of our 25th Anniversary will kick-in this fall, hoping we will be able to present some definite plans in the coming months.

Thanks again to our many financial supporters. Without you, we would not be able to do things we do, to serve those in need.

Thanks to the volunteers who continue to serve.

Harold N.

THANKSGIVING PROGRAM

As we are having to make many changes with how we will operate and serve our breakfast guests, to keep health and safety for all guests and volunteers a priority due to COVID -19, The Rock is also changing how we do the **Thanksgiving Program**.

The Rock Board has decided that instead of handing out brown bags with food item request tags, as we have done in past years, we are launching a new Thanksgiving Program to safely collect **funds for food items**.

A few benefits of this “new to The Rock” Thanksgiving Program are:

- You get to sit back and have us do the shopping for you
- We can buy items of need in bulk
- lets us use your monetary gifts to the fullest
- Tax receipt at years end

However, if you feel that you would still like to do the shopping yourself, this is welcomed as well. Give the office a call or send an email and we will be happy to share our list of needs with you.

The Rock is happy to give the options of using cheque, credit card or online through Canada Helps. Please simply state your preference if the funds are designated for **Thanksgiving Program (TGP)** or for **General use**.

With all the changes and uncertainties lately, The Rock Board would like you to know how Grateful we are for you and your continued support and prayers.

Together we have been able to serve those in need for over 25 years



To receive our newsletters and other correspondence by email please forward your email address to us at:

info@therockedm.ca

YES, I WANT TO MAKE A DIFFERENCE in the lives of people in the inner city.

I am sending a **one time gift** of \$ _____

My cheque payable to **The Rock Lutheran Inner City Society or (The Rock)** is enclosed

I would prefer to pay by  

OR I will support The Rock on a **monthly** basis with \$ _____ Monthly

Enclosed are: Post dated cheques or By credit card (↓ Please fill in card number etc..)

Credit Card Expiry Date

Name

Signature Required For Credit Cards

Address City

Province Postal Code Telephone or Email

The Rock Lutheran Inner City Society is a Registered Charity #89097 0148 RR0001 (Canada Revenue Agency - www.canada.ca/charities-giving.). We respect your Privacy and do not rent or sell our mailing lists. All donations will be used for Board approved programs. Gifts will be acknowledged with an Annual official tax receipt.



CONTACT INFORMATION

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PHONE:

780-426-1122

EMAIL:

info@therockedm.ca

WEBSITE:

<https://therockedm.ca>

Please note: Due to regulations by Government and Banking institutions cheques must be made Payable To: 'The Rock' OR 'The Rock Lutheran Inner City Society'. We are no Longer able to accept 'The Rock Outreach'. We apologize for any inconvenience this may cause.

SO MUCH TO BE THANKFUL FOR...

The health and safety of our breakfast guests stopping by for their "breakfast to go". We are happy that we continue to see some of our regulars, as well as many new faces.

This past year, as you all know, has been filled with a lot of adjustments and changes for everyone, everywhere. Yet with all this we are still able to safely provide for our guests, for this we are thankful.

We are thankful for the volunteers who are able to continue coming to The Rock, preparing and serving the "to go" meals and thankful for the volunteers who will return when The Rock opens back up for inside sit down breakfast. We look forward to seeing everyone, and working together.

Thankful for the Edmonton and Sherwood Park Food Banks for providing us with many of the supplies we need to prepare the breakfasts and being able to purchase the items we cannot get through the food banks. The prayers, monetary gifts and support from all of you help to make this possible.

We, at The Rock, Thank You!!

JOB OPPORTUNITY

We are looking for custodial personnel to join The Rock Team 3 days a week, 4-5 hours each day. Tasks include but not limited to: Washrooms, floors, high touch areas as well as monthly cleaning and semi-annual cleaning jobs .

If you or someone you know may be interested in this position please contact The Rock Office 780-426-1122 Or info@therockedm.ca

Maintenance

The Rock is looking for VOLUNTEERS to help with

minor maintenance.

This involves taping and painting touch-ups,

baseboard repairs as well as any other general

wear and tear upkeep.

Please contact Harold W.

780-935-9350



BREAKFAST RE LAUNCH

We set a new target date of Oct. 12, and will evaluate the situation and provide another update in late Sept.

Changes coming with relaunch:

- masks will be mandatory for all volunteers and staff
- guests will be asked to hand sanitize upon entering
- guest seating capacity will be reduced and controlled for better spacing and less crowding
- clear plastic screens where possible to provide separation between servers and guests
- beverage kitchen and counter to reduce congestion and provide separation between server and guests

A couple other changes that I know will be pleasant surprises.

In the meantime, if you are willing to do some casual volunteer jobs that don't involve serving breakfast or interacting with guests then please reply.

We have several opportunities for people to serve in other ways.

Please continue to pray for our ministry, for additional volunteers and for God's guidance in all our decisions.

This summer, we had a lot of work done on the church and hall and wish to acknowledge the excellent work done by the following vendors.

Alta. Exteriors (brick work)

4 the Love of Painting

Twin Asphalt Services Ltd.

Dominion Vacuum

Burnstad Consulting (commercial kitchens)

Weed Patrol

Furnace Family

Heights Residential (eavestrough cleaning)

The Lord is my rock, my fortress and my deliverer. My God is my rock in whom I take refuge. Psalm 18:2